

2nd Instructors Master Class
Mediterranean Hospital of Cyprus,
13 – 15 November, 2026

Scientific Program :

1st Day : 13 November, 2026

- **08:00 – 09:00:** Gathering of participants.

1st Session Academic Philosophy and Vision.
 Chair : Andreas Panayiotou, Notis Zannetos,
 Dimitrios Kardamakis, Anna Antoniou.

- **09:00-09:20:** The MHOC as a model General Hospital with a philosophy of service to Human and Science
Notis Zannetos
- **09:20-09:40:** Nursing as a driving force for hospital development.
Andreas Andreou
- **09:40-10:00:** The role of the Human Resources Department in the academic and scientific development of the Hospital.
Andreas Kazamias
- **10:00-10:20:** Modern challenges in training Physicians and Nurses.
Konstantinos Diplaris
- **10:20 -10:40:** Towards a University Hospital: A dialogue with the future.
Apostolos E. Papalois
- **10:40 -11:00:** The Vision of Mediterranean Hospital Cyprus.
Andreas Panayiotou
- **11:00-11:15:** Discussion – Questions – Comments.
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11:15 - 11:45 Coffee break

2nd Session Medical School and University Hospital.

Chair : Christoforos Charalambous,
Apostolos E. Papalois, Sally Avraam

- **11:45 – 12:05** : Frederick University: History, Infrastructure, and Development.
Christoforos Charalambous
- **12:05 - 12:25**: Frederick University School of Medicine: The Development of an International Academic Program.
Dimitrios Kardamakis
- **12:25 – 12:45**: The Trauma Center as a Model for the Development of Clinical and Research Protocols.
Andreas Panayiotou
- **12:45 – 13:05**: Legislation on Higher Education Institutions and University Hospitals in Cyprus.
Apostolos E. Papalois
- **13:05 – 13:20**: Discussion – Questions – Comments.

13:20 - 14:20 *Coffee Break and Lunch*

3rd Session Medical School Curriculum and Student Instruction.

Chair : Spyros Pipis, Apostolos E. Papalois,
Christos Sotiriou

- **14:20 – 14:40**: Basic structure of the Medical School curriculum. Clinical Placement Supervisor. Teaching and Skills Assessments. Themed case discussions.
Spyros Pipis
- **14:40 – 15:10**: State-of-the-art infrastructure in research and education for the Medical School.
Apostolos E. Papalois
- **15:10 – 15:40**: Case-Based Learning and Clinical Reasoning.

Dr Matthew Jones MD FRCP

University of Manchester

- **15:40-16:10:** Clinical Competency Assessment (CCA)

Dr Pippa Watson

University of Manchester

- **16:10 – 16:20 :** Discussion – Questions – Comments.

16:20 - 16:45 *Break*

4th Session **Special topics in research and educational work.**
Chair : Konstantinos Diplaris, Dimitrios Kardamakis,
Andreas Andreou, Marios Louka.

- **16:45 – 17:05:** Student participation in research projects and simulation-based training according to the curriculum.
Apostolos E. Papalois
- **17:05 – 17:25:** Principles of instructor behavior and audience engagement.
Apostolos E. Papalois
- **17:25 – 18:00:** Ethics, Research Integrity, and Quality Assurance Committees. Internal Instructor Evaluation.
Maria Tsiskari
- **18:00 – 18:20:** Discussion – Questions – Comments.

2nd Day : 14 November, 2026

5th Session **Assessment of Medical Students – I.**

Chair : Maria Tsiskari, Christos Kampolis,
Ioannis Giallouridis, Andreas Andreou,
Panagiotis Varnava.

- **08:00 – 09:00:** Gathering of participants.
- **9:00 – 9:30:** Description of the exercise schedule. Method of implementation
Konstantinos Diplaris, Apostolos E. Papalois, Andreas Andreou

- **09:30 – 10:36** Exercise - 6 min each OSCE - Clinical Competency Assessment (CCA)
- OSCE 1 - **General Surgery** *Adonis Panagidis*
- OSCE 2 - **Surgical Oncology** *Michail Vasiloglou*
- OSCE 3 - **Cardio-Thoracic Surgery** *Konstantinos Diplaris*
Michalis Dimosthenous
- OSCE 4 - **ENT** *Panagiota Kosmidou*
- OSCE 5 - **Neurosurgery** *Dimitrios Isaakidis*
- OSCE 6 - **Orthopaedics** *Georgios Kopaniaris,*
Kyriakos Kakavelakis
- OSCE 7 - **Pediatric Surgery** *Efthymios Choidis*
- OSCE 8 - **Plastic Surgery** *Spyridon Spanakos*
Ioannis Giannopoulos
- OSCE 9 - **Trauma and Emergency Medicine** *Zisis Touloumis*
Vasileios Papas
- OSCE 10 - **Urology** *Vaios Mytilekas*
- OSCE 11 - **Vascular Surgery** *Konstantinos Vasilas*
- **10:36 – 11:00** Feedback and discussion on the implementation of the exercises.

11:00 - 11:30 *Break*

6th Session Assessment of Medical Students – I I.

Chair : Stavros Chrysostomakis,
Georgia Charalampous, Georgia Mouskou,
Panagiotis Chrysostomou.

- **11:30 – 12:36** Exercise - 6 min each OSCE - Clinical Competency Assessment (CCA)
- OSCE 12 - **Cardiology** *Georgios Tomazou*
- OSCE 13 - **Interventional Cardiology** *Vasiliki Apostolaki*
- OSCE 14 - **Pulmonology** *Konstantinos Dodos*
- OSCE 15 - **Radiology** *Theodosios Tsinas, Georgia Protogerou*
- OSCE 16 - **Interventional Radiology** *Maria Tsiskari*
- OSCE 17 - **Paediatrics** *Athos Nikolaou, Bettina Schieder*
- OSCE 18 - **Internal Medicine** *Isaak Ovadias*
- OSCE 19 - **Neurology** *Nikolaos Avgeris, Foteini Alourda*
- OSCE 20 - **Oncology** *Panteleimon Kountourakis*
- OSCE 21 - **Nephrology** *Sotirios Vasileiou*

- OSCE 22 - **Gastroenterology** *Ioannis Anastasiou, George Kechagias*
- **12:36 – 13:00** Feedback and discussion on the implementation of the exercises.

13:00 - 14:00	<i>Coffee Break – Lunch</i>
7th Session	<i>Assessment of Medical Students – I I I.</i> Chair : Andreas Panayiotou, Antigoni Kolokou, Ira Panagiotou, Myrto Kappai.

- **14:00 – 14:54** Exercise - 6 min each OSCE - Clinical Competency Assessment (CCA)
- OSCE 23 - **Anesthesiology** *Chara Savva*
- OSCE 24 - **Intensive Care Medicine** *Christos Kampolis, Emmanouil Papadakis, Charalampos Karakatsanis*
- OSCE 25 - **Spinal Cord Surgery** *Panagiotis Savvidis*
- OSCE 26 - **Psychiatry and Child and Adolescent Psychiatry.** *Stavroula Kiamili*
- OSCE 27 - **Hematology** *Elena Lemesiou - Konstantinou*
- OSCE 28 - **Clinical Pharmacology** *George Polykarpou*
- OSCE 29 - **Strokes** *Theodosios Tsinas, Maria Tsiskari, Foteini Alourda*
- OSCE 30 - **Pathology** *Zoe Evangelou, Charalampos Saganas*
- OSCE 31 - **Endocrinology** *Kamal Alchader, Christodoulos Skliros*
- **14:54 – 15:15** Feedback and discussion on the implementation of the exercises.

3rd Day : 15 November, 2026

8th Session Microteaching

Chair : Apostolos E. Papalois, Konstantinos Diplaris.

- **08:30 – 09:00:** Gathering of participants.

1st group : 8:30 – 10:30

Break : 10:30 – 10:45

2nd group : 10 : 45 – 12:45

Break : 12:45 – 13:00

3rd group : 13:00 – 15:00

Speakers – Chairs :

Andreas Panayiotou

MD, Surgeon MHOC – Founder and Head, Board of Directors, MHOC

Notis Zannetos

Director General, MHOC

Dimitrios Kardamakis

MD, Dean, Frederick University School of Medicine

Emeritus Professor, University of Patras, School of Medicine

Anna Antoniou

RN, Deputy Director, Nursing Service MHOC

Andreas Andreou

RN, Director Nursing Service, MHOC

Assistant Director, MHOC

Andreas Kazamias

Director Human Resources, MHOC

Konstantinos Diplaris

MD, President Scientific Committee
for Education and Clinical Research, MHOC

Apostolos E. Papalois

PhD, Professor, Director Academic Development and Research
MHOC

Christoforos Charalambous

Professor, Director of Administration and Finance
University Council Vice President
Frederick University, Cyprus

Sally Avraam

RN, Head Nurse of General Nursing MHOC

Christos Sotiriou

RN, Head Nurse ICU MHOC

Spyros Pipis

MD, Professor, Vice Dean for Clinical Affairs,
Frederick University School of Medicine

Matthew Jones

MD, FRCP, Consultant Neurologist and Honorary Senior Lecturer
Manchester Centre for Clinical Neurosciences | Northern Care Alliance

Associate Programme Director (Teaching and Learning), MBChB | Division of
Medical Education | Faculty of Biology, Medicine and Health |
University of Manchester, UK

Pippa Watson

MD, Consultant Rheumatologist at Manchester Foundation Trust. Academic
Lead for Year 4 of the Manchester MBChB.
University of Manchester, UK

Marios Louka

RN, Head of Nursing Service, Cardiology Department MHOC

Maria Tsitskari

MD, PhD, Assistant Professor, Director Department of Interventional
Radiology MHOC

Christos Kampolis

MD, PhD, Medical Director, MHOC
Director Intensive Care Unit, MHOC

Ioannis Giallouridis

RN, Head Nurse Surgical Department MHOC

Panagiotis Varnava

RN, Head Nurse Department of Trauma and Emergency MHOC

Stavros Chrysostomakis

MD, President of the Morbidity and Mortality Committee MHOC

Georgia Charalampous

RN, Head Nurse Oncology Department MHOC

Georgia Mouskou

RN, Head Nurse Hemodynamic Department MHOC

Panagiotis Chrysostomou

RN, Head Nurse MHOC

Antigoni Kolokou

RN, Head Nurse Pediatric Department MHOC

Ira Panagiotou

RN, Head Nurse Anesthesia Department MHOC

Myrto Kappai

RN, Head Nurse Outpatient Department MHOC

Adonis Panagidis

MD, General Surgeon MHOC

Michail Vasiloglou

MD, Director Department of General Surgery
and Surgical Oncology MHOC

Michalis Dimosthenous

MD, Cardiothoracic Surgery MHOC

Panagiota Kosmidou

MD, Director ENT Department MHOC

Dimitrios Isaakidis

MD, Neurosurgery MHOC

Georgios Kopaniaris

MD, Orthopedic Surgery MHOC

Kyriakos Kakavelakis

MD, Orthopedic Surgery MHOC

Efthymios Choidis

MD, Pediatric Surgery MHOC

Spyridon Spanakos

MD, Plastic Surgery MHOC

Ioannis Giannopoulos

MD, Plastic Surgery MHOC

Zisis Touloumis

MD, General Surgery – Trauma MHOC

Vasileios Papas

MD, General Surgery – Trauma MHOC

Vaios Mytilekas

MD, Director Urology Department MHOC

Konstantinos Vasilas

MD, Director Vascular Surgery MHOC

Georgios Tomazou

MD, Cardiologist MHOC

Vasiliki Apostolaki

MD, Cardiologist MHOC

Konstantinos Dodos

MD, Pulmonologist MHOC

Theodosios Tsinas

MD, Director Radiology Department MHOC

Georgia Protogerou

MD, Radiologist MHOC

Athos Nikolaou

MD, Director Department of Pediatrics
MHOC

Bettina Schieder

MD, Pediatrician MHOC

Isaak Ovadias

MD, Internal Medicine MHOC

Nikolaos Avgeris

MD, Director Department of Neurology MHOC

Foteini Alourda

MD, Deputy Director Department of Neurology MHOC

Panteleimon Kountourakis

MD, Director Department of Pathology – Oncology MHOC

Sotirios Vasileiou

MD, Nephrologist MHOC

Ioannis Anastasiou

MD, Director Department of Gastroenterology MHOC

Georgios Kechagias

MD, Gastroenterologist MHOC

Chara Savva

MD, Anesthesiology MHOC

Emmanouil Papadakis

MD, Deputy Director Intensive Care Unit MHOC

Charalampos Karakatsanis

MD, Internal Medicine, Intensive Care Unit MHOC

Panagiotis Savvids

MD, Director, Spinal Cord Surgery Department MHOC

Stavroula Kiamili

MD, Consultant, Department of Child and Adolescent Psychiatry,
University of Athens School of Medicine, Aghia Sophia Hospital, Greece.

Elena Lemesiou – Konstantinou

MD, Director Department of Hematology MHOC

Georgios Polykarpou

Pharmacist, Director Department of Pharmacy and Clinical
Pharmacology MHOC

Zoe Evangelou

MD, Director Department of Pathology, MHOC

Charalampos Saganas

MD, Pathologist MHOC

Kamal Alchader

MD, Endocrinologist MHOC

Christodoulos Skliros

MD, Internal Medicine MHOC