

CURRICULUM VITAE

05-2026

Spyridon P. Kourouklis, MD, PhD

EHRA CERTIFIED IN EP AND CP

Electrophysiologist

EDUCATION:

- **1977-1983:** Elementary school
- **1983-1989:** High school
- **1990-1991:** Veterinary School, University of Salonica, **GREECE**
- **1992-1998:** Medical School, University of Ioannina, **GREECE**

POSTGRADUATE TRAINING / EXPERIENCE:

- **July 1999 - January 2000:** Resident in Internal Medicine, 2nd Department of Internal Medicine, 401 General Military Hospital of Athens.
- **March 2000 – June 2001:** General Doctor in Health Care Unit of Angiofillo, Kalampaka/Trikala (Compulsory civil service).
- **June 2002 - March 2004:** Resident in Internal Medicine, 2nd Department of Internal Medicine, 401 General Military Hospital of Athens.
- **March 2004 – July 2004:** Observer in Heart Failure Unit, 2nd Department of Cardiology, “Evangelismos” General Hospital, Athens.
- **July 2004 – July 2008:** Resident in Cardiology, 1st Department of Cardiology, Hellenic Red Cross Hospital, Athens.

- **December 2006 till July 2012:** Doctoral thesis on “Sleep Apnea Syndrome and Chronic Systolic Heart Failure. The Impact of non invasive ventilation on left ventricular remodelling”, Medical School, University of Athens.
- **October 2008:** Certified cardiologist, Prefecture of Athens.
- **October 2008 – July 2013:** Private practise as well as clinical fellow in interventional electrophysiology and cardiac pacing, 1st Department of Cardiology of Red Cross Hospital, Athens.
During these five years, I have participated in about two thousands (1500 pacemakers, 400 ICD's and 100 CRT-D's) and about **two hundred and fifty ablations** (including complex arrhythmias such AF, VT and left atrial arrhythmias' ablation). Participation, also, in **four multicenter studies** (BEAUTIFUL, HERCULES, SIGNIFY, ROCKET-AF).
- Participation in **Beating Heart Curriculum (2010-2011)** in CRT implantations organized by St Jude.
- Participation in **Interventional EP Curriculum, SVT Module (2011-2012)** organized by St Jude
- **PROCTORING SERVICES (2013-2016) IN MEDTRONIC FOR BIVENTRICULAR SYSTEMS (CRT-Ps and CRT-Ds).**
- Participation in **Interventional EP Curriculum, AF (ATRIAL FIBRILLATION) Module (2013-2014)** organized by St Jude.
- Participation in "NEW TO LEFT" PROGRAMM, organized by MEDTRONIC (2015) for CRYOABLATION OF ATRIAL FIBRILLATION.
- Participation in the “MICRA REGISTRY” organized by MEDTRONIC (2015-2016) for leadless pacing. FIRST MICRA AV IMPLANTATION IN GREECE.

- Certified in the **Cardiac Pacing and Implantable Cardioverter Defibrillators (ICDs)** of EHRA (2012).
- Certified in the **Electrophysiology** of EHRA (2016).
- **October 2008 till now: Private office.**
- **2013 till now: Ass. Director in E' CARDIOLOGICAL DEPARTMENT of HYGEIA HOSPITAL, Athens, Greece.**
- **WORLDWIDE PROCTORING SERVICES (2016-2026) IN VITATRON – MEDTRONIC FOR IMPLANTABLE DEVICES (PACEMAKERS, ICD, CRT, micra) IN RUSSIA, CHINA etc, AS WELL AS CORE FACULTY MEMBER IN THE PWS SERIES INTERNATIONAL CONGRESS.**
- **PROCTORING SERVICES (2022-2026) IN BOSTON SCIENTIFIC FOR CRYO AND PFA AF ABLATION, RF TRANSEPTAL NEEDLE AND CRT IMPLANTATION IN GREECE, CYPRUS, MALTA.**

PUBLICATIONS IN INTERNATIONAL MEDICAL JOURNALS:

1. Niki Katsiki^{1,2}, Nikolaos Tentolouris³, Georgios Marakomichelakis⁴, Dimitrios Richter⁵, Athanasios Giannoukas⁶, Panagiota Koufaki⁷, Nikolaos Papanas⁸; CI-WIN Investigators. Real world data from a multi-centre study on the effects of cilostazol on pain symptoms and walking distance in patients with peripheral arterial disease. BMC Res Notes. 2022 Dec 20;15(1):373.
2. Vassilikos VP, Giannopoulos G, Fragakis N, Billis A, Efremidis M, Letsas K, Maounis T, Kostopoulou A, Andrikopoulos G, Pastromas S, Katsivas A, Kossyvakis C, Kallergis E, Kanoupakis E, Ioannidis P, Tzeis S, Avramidis D, Papagiannis I, Deftereos S, Symeonidou E, Tsiachris D, Theodorakis G, Rassias I, Lysitsas D, Chatzinikolaou E, Mezilis N, Paraskevaidis S, **Kourouklis S**, Apostolopoulos T, Katritsis D, Chatzidou S, Mantziari L, Leventopoulos G, Chiladakis I, Kourgiannidis G, Stavropoulos G, Xydonas S, Ginos C, Kotsakis A,

- Baltogiannis G, Manolis AS, Sideris S, Gatzoulis K. Effect of the COVID-19 pandemic on cardiac electrophysiological ablation procedures in Greece - Data from the Hellenic Society of Cardiology Ablation Registry. *Hellenic J Cardiol*. 2022 Sep-Oct;67:76-78.
3. Tzeis S, Savvari P, Skiadas I, Patsilidakos S, Stamatelopoulos K, **Kourouklis S**, Kyrikos S, Tsatiris K, Menegas D, Hahalis G, Giannakoulas G; Right drug, wrong dosage: insights from the PAVE-AF antithrombotic study in older patients with atrial fibrillation. PAVE-AF study group. *J Thromb Thrombolysis*. 2020 Jun 9. doi: 10.1007/s11239-020-02167-8.
 4. Tzeis S, Tsiachris D, Asvestas D, **Kourouklis S**, Patsourakos F, Karlis D, Kouskos G, Papadimitriou G, Gavriilidou M, Vatkalis N, Kapetanios K, Koufaki P, Taxiarchou E, Giannakoulas G; Beneficial Effect of Flecainide Controlled Release on the Quality of Life of Patients with Atrial Fibrillation-the REFLEC-CR Study. REFLEC-CR study investigators. *Cardiovasc Drugs Ther*. 2020 Jun;34(3):383-389. doi: 10.1007/s10557-020-06971-5.
 5. Kollias A, Papadatos SS, Dominiczak AF, Parati G, Stergiou GS; Valentine-Greece Home Blood Pressure Monitoring Study Group. Automated office blood pressure measurements in primary care are misleading in more than one third of treated hypertensives: The VALENTINE-Greece Home Blood Pressure Monitoring study. *Hellenic J Cardiol*. 2019 Jan 9. pii: S1109-9666(18)30451-2. doi: 10.1016/j.hjc.2019.01.005
 6. Andrikopoulos G, Pastromas S, Mantas I, et al. Management of atrial fibrillation in Greece: the MANAGE-AF study. *Hellenic J Cardiol*. 2014 Jul-Aug;55(4):281-7.
 7. Zografos TA, **Kourouklis SP**, Katsivas A. Type 1 Brugada pattern exacerbation and 1:1 atrioventricular conduction induced by vernakalant. *Heart Rhythm*. 2014 May;11(5):895-7.
 8. Arbelo E, Brugada J, Hindricks G, et al. The atrial fibrillation ablation pilot study: a European Survey on Methodology and results of catheter

ablation for atrial fibrillation conducted by the European Heart Rhythm Association. Eur Heart J. 2014 Jun 7;35(22):1466-78.

9. **Kourouklis SP**, Vagiakis E, Paraskevaidis IA, Kostikas K, Filippatos G. Tailored treatment of sleep disordered breathing in patients with chronic heart failure improves cardiac function. Int J Cardiol. 2013 Jul 23. doi:pii: S0167-5273(13)01159-5.
10. Andrikopoulos G, **Kourouklis S**, Trika C, Tzeis S, Rassias I, Papademetriou C, Katsivas A, Theodorakis G. Cardiac resynchronization therapy in becker muscular dystrophy. Hellenic J Cardiol. 2013 May-Jun;54(3):227-9.
11. **Kourouklis SP**, Vagiakis E, Paraskevaidis IA, Farmakis D, Kostikas K, Parissis JT, Katsivas A, Kremastinos DT, Anastasiou-Nana M, Filippatos G. Effective sleep apnoea treatment improves cardiac function in patients with chronic heart failure. Int J Cardiol. 2012 Oct 2. doi:pii: S0167-5273(12)01207-7.
12. Arbelo E, Brugada J, Hindricks G, Maggioni A, Tavazzi L, Vardas P, Anselme F, Inama G, Jais P, Kalarus Z, Kautzner J, Lewalter T, Mairesse G, Perez-Villacastin J, Riahi S, Taborsky M, Theodorakis G, Trines S; Atrial Fibrillation Ablation Pilot Study Investigators. ESC-EURObservational Research Programme: the Atrial Fibrillation Ablation Pilot Study, conducted by the European Heart Rhythm Association. Europace. 2012 Aug;14(8):1094-103. Epub 2012 May 24.
13. Kourouklis SP, Filippatos G. Central sleep apnea treatment in heart failure: are we counting chickens before they are hatched? Expert Rev Cardiovasc Ther. 2012 Mar;10(3):275-8. doi: 10.1586/erc.12.12. No abstract available.
14. **S.P. Kourouklis**, A.G. Manolis. "Cardiac resynchronization therapy in asymptomatic and mildly symptomatic chronic systolic heart failure: a new era of systolic heart failure management?". HJC 2008; 49: 349-351.

15. Manolis AG, **Kourouklis S**, Chatzis D, Kouvelas K, Kyriakides Z. "Irregular ventricular tachycardia underdetected by implantable cardioverter defibrillator device." *Cardiol J*. 2008;15(3):281-3.
16. Manolis AG, **Kourouklis S**, Chatzis D, Psathas C, Kyriakides Z. "Arrhythmogenic syncope in a "neurologic" patient. The need for a multidisciplinary approach." *Cardiol J*. 2008;15(2):192-3.
17. Koutouzis M, Nikolaou N, Lazaris E, **Kourouklis S**, Kyriakides ZS. "Interventional hypothermia and primary percutaneous coronary intervention in a patient with anterior wall ST elevation myocardial infarction and aborted sudden death." *HJC* 2007 Nov-Dec;48(6):377-9.
18. Kyriakides ZS, **Kourouklis S**, Kontaras K. "Acute coronary syndromes in the elderly." *Drugs Aging*. 2007;24(11):901-12.
19. **Kourouklis S**, Chatzis D, Skafida M, Liagkas K, Paradellis G, Kyriakides Z. "Outlet type of interventricular septal defect in SanFilippo type-B syndrome." *Int J Cardiol*. 2007 Nov 15;122(2):e4-5. Epub 2007 Jan 17.
20. Manolis AG, Chatzis D., **Kourouklis SP.**,. «*Cardiac resynchronization therapy in mildly symptomatic heart failure patients. Benefits and insights*». *MESPE Journal* **2007**; 9:44-45.
21. Manolis AG., Chatzis D., **Kourouklis S.**, Kyriakides ZS. «*Pacemaker algorithms for the treatment of atrial fibrillation: are they really useful and which of them?*». *MESPE Journal* **2006**; 8:45-49.
22. **Kourouklis S.** et al. «*Bosentan in Eisenmenger Syndrome and chronic thromboembolic pulmonary hypertension*». *Eur J Clin Invest*. **2006** Sep; 36 Suppl 3: 39-43.
23. Athanasios G. Manolis, **Spiros Kourouklis**, Zenon Kyriakides. «*Drug Treatment of Vasovagal Syncope should be absolute?*». *MEDITERRANEAN JOURNAL OF PACING AND ELECTROPHYSIOLOGY*, Vol. 7, n.1, January – March, **2005**.
24. Iliopoulos A, Kedikoglou S, Laxanis S, **Kourouklis S.**, Katsaros E.: «*A case of tuberculous meningoencephalitis in a patient with Behcet's disease*». *Clin Rheumatol*. 2005 May 18.

PRESENTATIONS IN INTERNATIONAL CONGRESSES – MEETINGS:

1. 4 Continents, 1 Meeting – Masterclass INTERNATIONAL WEBINAR BY VITATRON – MEDTRONIC, JUNE 2020.
2. **MEDTRONIC & VITATRON EDUCATION PROGRAM EASTERN EUROPE** in Puerto Rico from February 10th to 14th 2020.
3. **Grand Rounds (Groups A, B) – KEY OPINION LEADER IN PANAMA CITY, PANAMA**, on February 15th 2020.
4. **S. Kourouklis**. “Atrial Fibrillation Ablation – New Technology: Unipolar Radiofrequency”, 14th WSA ICPEs, Athens, Greece, 11-14 December 2011.
5. **S. Kourouklis**, A. Christopoulos, K. Liagkas, Z. Kyriakides: «Clinical improvement with bosentan in a patient with pulmonary hypertension due to congenital heart disease». 39th Annual Scientific Meeting of the European Society for Clinical Investigation, Athens, Greece, 6-9 April 2005.
6. A. Christopoulos, **S. Kourouklis**, G. Paradellis, Z. Kyriakides: «Clinical improvement with bosentan in a patient with pulmonary hypertension due to thromboembolic disease». 39th Annual Scientific Meeting of the European Society for Clinical Investigation, Athens, Greece, 6-9 April 2005.

TRANSLATION OF CARDIOLOGY BOOKS

I have participated in the translation and publication of several cardiology books (e.g. Hurst's “The Heart”, E. Braunwald/Goldman, “Primary Cardiology”, E. Braunwald, “Atlas of Echocardiography”, “Atlas of Electrophysiology”, “Atlas of Heart Failure”, “Atlas of Cardiology”, Secrets of Cardiology, Manual of Echocardiography etc) as well as of some series of medical journals (e.g. “Harvard Heart Letter”) in Paschalides' Hellenic Medical Publications.